

# RED SHIRT FRIDAY



Red Shirt Friday began as a way for civilians to show their support for troops overseas. As red symbolizes courage, sacrifice and valor; qualities that are also embodied by the men and women in the armed forces, it was a very fitting choice of colour.

Red Shirt Friday reminds us that freedom is never free and we all need to recognize the importance of showing appreciation to those who safeguard it.

## A Symbol of Patriotism

Patriotism comes in many forms; wearing red on Fridays is a simple yet profound act of national pride.



Written by Wanda Zenner - July 2024

Reference: Red shirt website